### WEEKLY MENU

#### Week of: 11.18.13

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
<td>Milk, Pancakes, Mandarin Oranges</td>
<td>Milk, Waffles, Sliced Peaches</td>
<td>Milk, Bagels w/ Cream Cheese, Fresh Strawberries</td>
<td>Milk, Toast w/ Grape Jelly, Diced Pears</td>
</tr>
<tr>
<td><strong>LUNCH</strong></td>
<td>Milk, Cheesie Chicken w/ Pasta, Mixed Vegetables, Apple Slices</td>
<td>Milk, BBQ Turkey Meatballs, Cheese Toast, Green Beans, Diced Pears</td>
<td>Milk, Grilled Mozarella &amp; Tomato Sandwich, Peas, Pineapple Tidbits</td>
<td>Milk, Chicken Alfredo, Broccoli, Mandarin Oranges</td>
</tr>
<tr>
<td><strong>AFTERNOON SNACK</strong></td>
<td>Water, Apple Oatmeal Bars, Raisins</td>
<td>Water, Graham Crackers, Applesauce</td>
<td>Water, Vanilla Yogurt, Fresh Strawberries</td>
<td>Water, Wheat Crackers, Sliced American Cheese</td>
</tr>
</tbody>
</table>

**ALLERGIES:** Children with specific food allergies will be offered alternative meals and snacks if menu items are not allowed in the child’s diet. Please be sure that your child’s allergy information is regularly updated using the "Allergy Action Plan" form and immediately notify your child’s Teacher of changes.

**SACK LUNCHES:** If you prefer to provide your child with meals and snacks prepared from home, please refer to the "Criteria for Sack Lunches" as required by Bright from the Start. (Info provided in your Welcome Kit).

**INFANT BOTTLES & BABY FOOD:** Infants receiving bottles or baby food will be fed according to the Infant Feeding Plan you provide at enrollment. Please update your child’s Feeding Schedule regularly and immediately notify your child’s Teacher of changes.