### University Childcare Center

**September Menus**

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**Breakfast:** Milk, Pancakes, Fresh blueberries
**Lunch:** Milk, Sunbutter Sandwiches, Lima Beans, Fresh Oranges
**Snack:** Water, Pretzels, Raisins

**Breakfast:** Milk, Cinnamon Toast, Sliced Peaches
**Lunch:** Milk, Grilled Chicken Sandwich w/ Mozzarella Cheese, Mixed Vegetables, Watermelon
**Snack:** Water, Vanilla Wafers, Applesauce

**Breakfast:** Milk, Blueberry Muffins, Fresh Banana Slices
**Lunch:** Milk, Sloppy Joe, Peas, Sliced Peaches
**Snack:** Water, Toasted Oats, Fresh Oranges

**Breakfast:** Milk, Raisin Bran, Diced Pears
**Lunch:** Milk, Turkey & Cheese Sandwich, Kidney Beans, Applesauce
**Snack:** Water, Goldfish, Sliced Peaches

**Infant Bottles & Baby Food:**

- Lunches from Home:
  - Milk, Turkey, Grilled Chicken, Sliced Peaches
  - Turkey, Mixed Vegetables, Mandarin Oranges

**Allergy Information:**

- Allergies:
  - Milk,
  - Eggs,
  - Tree Nuts

**Menus:**

- **Monday:**
  - Breakfast: Milk, Yogurt, Granola, Fresh Strawberries
  - Lunch: Milk, Beef Taco Bake, Corn, Mandarin Oranges
  - Snack: Water, Teddy Grahams, Sliced Apples

- **Tuesday:**
  - Breakfast: Milk, Pancakes, Fresh blueberries
  - Lunch: Milk, Macaroni w/ Cheese & Broccoli, Black Eyed Peas, Pineapple Tidbits
  - Snack: Water, Cheese sticks, Diced Pears

- **Wednesday:**
  - Breakfast: Milk, Bagel w/ Cream Cheese, Fresh Blueberries
  - Lunch: Milk, Grilled Cheese, Broccoli, Black Eyed Peas, Sliced Peaches
  - Snack: Water, Animal Crackers, Raisins

- **Thursday:**
  - Breakfast: Milk, Oatmeal w/ Cinnamon, Sliced Apples
  - Lunch: Milk, BBQ Turkey Meatball Sub, Green Beans, Diced Pears
  - Snack: Water, Graham Crackers, Applesauce

- **Friday:**
  - Breakfast: Milk, Waffles, Sliced Peaches
  - Lunch: Milk, Grilled Chicken Sandwich w/ Sliced Mozzarella Cheese, Mixed Vegetables, Mandarin Oranges
  - Snack: Water, Fresh Cucumbers w/ Ranch, Wheat Crackers

**Allergies:** Children with specific food allergies will be offered alternative meals and snacks if menu items are not allowed in the child’s diet. Please be sure that your child’s allergy information is regularly updated using the “Allergy/Food Restriction” form and immediately notify Administration of changes.

**Lunches from Home:** If you prefer to provide your child with meals and snacks prepared at home, please refer to the “Meal Guidelines” as required by Bright From the Start.

**Infant Bottles & Baby Food:** Infants receiving bottles or baby food will be fed according to the Infant Feeding Plan you provide at enrollment. Please update your child’s feeding plan regularly and immediately notify your child’s teacher of changes.