<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
</table>
| Breakfast: Grits, Peaches, Milk  
Lunch: Broccoli and Cheese Pasta, Black Eyed Peas, Pears, Milk  
Snack: Trail Mix, Mandarin Oranges, Water | Breakfast: Toasted Oats, Raisins, Milk  
Lunch: Chicken Enchiladas, Black Beans, Mixed Fruit, Milk  
Snack: Saltines and Sunbutter, Water | Breakfast: English Muffins w/ Cheese, Tropical Fruit, Milk  
Lunch: BBQ Meatball Sub, Corn, Pineapple Tidbits, Milk  
Snack: Vanilla Wafers, Bananas, Water | Breakfast: Banana Bread, Pears, Milk  
Lunch: Swedish Meatballs, Egg Noodles, Green Peas, Apple Slices, Milk  
Snack: Cinnamon Pita Chips, Applesauce, Water | Breakfast: Pancakes, Blueberries, Milk  
Lunch: Grilled Chicken Strips, Lima Beans, Cheese Toast, Mandarin Oranges, Milk  
Snack: Cheese Crackers, Craisins, Water |
| 5 | 6 | 7 | 8 | 9 |
| Breakfast: Toast w/ Jelly, Tropical Fruit, Milk  
Lunch: Spaghetti and Meatballs, Tossed Salad, Pineapple, Milk  
Snack: Animal Crackers, Pears, Water | Breakfast: Corn Flakes, Banana Slices, Milk  
Lunch: Sunbutter and Jelly Sandwich, Fresh Cucumber, Apple Slices, Milk  
Snack: Graham Crackers, Raisins, Water | Breakfast: Bagels w/ Cream Cheese, Fresh Blueberries, Milk  
Lunch: Cheese Quesadilla, Salsa Black Beans, Pears, Milk  
Snack: Goldfish, Applesauce, Water | Breakfast: Apple Cinnamon Muffin, Peaches, Milk  
Lunch: Grilled Chicken Sandwich, Pinto Beans, Mandarin Oranges, Milk  
Snack: Pretzels, Fresh Watermelon, Water | Closed for Professional Learning |
| 12 | 13 | 14 | 15 | 16 |
| Closed for Martin Luther King Jr Day | Breakfast: Raisin Bran, Banana Slices, Milk  
Lunch: Grilled Cheese, Mixed Vegetables, Pears, Milk  
Snack: Trail Mix, Craisins, Water | Breakfast: Yogurt w/ Granola, Strawberries, Milk  
Lunch: Veggie Pizza, Corn, Apple Slices, Milk  
Snack: Wheat Thins, and Cheese, Water | Breakfast: Waffles, Peaches, Milk  
Lunch: Sloppy Joes, Green Beans, Mandarin Oranges, Milk  
Snack: Toasted Oats, Orange Slices, Water | Breakfast: Cinnamon Toast, Pineapple, Milk  
Lunch: Turkey Burgers, Baked Sweet Potato Fries, Apple Slices, Milk  
Snack: Pita Chips, Hummus, Water |
| 19 | 20 | 21 | 22 | 23 |
| Breakfast: Oatmeal w/ Cinnamon, Blueberries, Milk  
Lunch: Beef Taco, Corn, Mandarin Oranges, Milk  
Snack: Graham Crackers, Pears, Water | Breakfast: Toasted Oats, Banana Slices, Milk  
Lunch: Turkey Sandwich, Cucumber Slices, Orange Wedges, Milk  
Snack: Teddy Graham's, Raisins, Water | Breakfast: Cheese Grits, Peaches, Milk  
Lunch: Meatball Sub, Green Beans, Pears, Milk  
Snack: Goldfish, Applesauce, Water | Breakfast: Blueberry Muffins, Pineapple Tidbits, Milk  
Lunch: Chicken and Rice, Stewed Tomatoes Mandarin Oranges, Milk  
Snack: Wheat Thins, Salsa, Water | Breakfast: Cheese Toast, Tropical Fruit, Milk  
Lunch: Chicken Alfredo, Green Peas, Pears, Milk  
Snack: Wheat Thins, Salsa, Water |
| 26 | 27 | 28 | 29 | 30 |

**Allergies:** Children with specific food allergies will be offered alternative meals and snacks if menu items are not allowed in the child’s diet. Please be sure that your child’s allergy information is regularly updated using the “Allergy/Food Restriction” form and immediately notify Administration of changes.

**Lunches from Home:** If you prefer to provide your child with meals and snacks prepared from home, please refer to the “Meal Guidelines” as required by Bright From the Start.

**Infant Bottles & Baby Food:** Infants receiving bottles or baby food will be fed according to the Infant Feeding Plan you provide at enrollment. Please update your child’s feeding plan regularly and immediately notify your child’s teacher of changes.

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*University Childcare Center  
January Menus*