

# University Childcare Center

## August Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Breakfast-</b> Cheese Grits, Diced Pears, Milk <b>Lunch-</b> Turkey Meatballs w/ Marinara Subs, Black Eye Peas, Sliced Peaches, Milk <b>Snack-</b> Vanilla Wafers, Fresh Blueberries, Water	2 <b>Breakfast-</b> Raisin Bran, Mandarin Oranges, Milk <b>Lunch-</b> Turkey and Cheese Wrap, Sweet Potato Fries, Pineapple Tidbits, Milk <b>Snack-</b> Graham Crackers, Fresh Strawberries, Water	3 <b>Breakfast-</b> Vanilla Yogurt w/ Granola, Sliced Peaches, Milk <b>Lunch-</b> Beef Tacos, Black Beans, Sliced Apples, Milk <b>Snack-</b> Trail Mix, Mandarin Oranges, Water	4 <b>Breakfast-</b> Pancakes, Diced Pears, Milk <b>Lunch-</b> Pepperoni Pizza, Corn, Applesauce, Milk <b>Snack-</b> Pretzels w/ Cream Cheese, Sliced Apples, Water	5 <b>Closed for Professional Learning Day</b>
8 <b>Breakfast-</b> Waffles, Diced Pears, Milk <b>Lunch-</b> Macaroni & Cheese w/ Broccoli, Pinto Beans, Sliced Peaches, Milk <b>Snack-</b> Teddy Grahams, Mandarin Oranges, Water	9 <b>Breakfast-</b> English Muffins w/ Cheese, Tropical Fruit, Milk <b>Lunch-</b> Grilled Cheese, Lima Beans, Sliced Apples, Milk <b>Snack-</b> Strawberry Chex Mix, Sliced Peaches, Water	10 <b>Breakfast-</b> Apple Cinnamon Muffins, Banana Slices, Milk <b>Lunch-</b> Chicken and Rice, Sliced Carrots, Sliced Apples, Milk <b>Snack-</b> Pita Chips, Hummus, Water	11 <b>Breakfast-</b> Blueberry Bagels w/ Cream Cheese, Sliced Peaches, Milk <b>Lunch-</b> BBQ Chicken Sandwich, Lima Beans, Mandarin Oranges, Milk <b>Snack-</b> Goldfish, Sliced Apples	12 <b>Breakfast-</b> Toasted Oats, Fresh Orange Slices, Milk <b>Lunch-</b> Turkey & Cheese Sandwiches, Broccoli, Diced Pears, Milk <b>Snack-</b> Animal Crackers, Fresh Strawberries, Water
15 <b>Breakfast-</b> Blueberry Bread, Diced Pears, Milk <b>Lunch-</b> Chicken & Cheese Quesadillas, Pinto Beans, Sliced Peaches, Milk <b>Snack-</b> Trail Mix, Fresh Orange Slices, Water	16 <b>Breakfast-</b> Vanilla Yogurt w/ Granola, Banana Slices, Milk <b>Lunch-</b> Sunbutter & Jelly Sandwiches, Corn, Diced Pears, Milk <b>Snack-</b> Fresh Cucumbers w/ Ranch, Ritz Crackers, Water	17 <b>Breakfast-</b> Cornflakes, Mandarin Oranges, Milk <b>Lunch-</b> Chicken Alfredo, Sliced Carrots, Applesauce, Milk <b>Snack-</b> Goldfish, Sliced Apples, Water	18 <b>Breakfast-</b> Pancakes, Tropical Fruit, Milk <b>Lunch-</b> BBQ Turkey Meatball Sub, Green Beans, Sliced Apples, Milk <b>Snack-</b> Animal Crackers, Sliced Apples, Water	19 <b>Breakfast-</b> Oatmeal w/ Cinnamon, Raisins, Milk <b>Lunch-</b> White Chicken & Pesto Pizza, Carrot Slices, Tropical Fruit, Milk <b>Snack-</b> Graham Crackers, Raisins, Water
22 <b>Breakfast-</b> Banana Bread, Applesauce, Milk <b>Lunch-</b> Grits, Turkey Sausage, Green Beans, Sliced Peaches, Milk <b>Snack-</b> Whole Wheat Ritz crackers & Sunbutter, Water	23 <b>Breakfast-</b> Cheese Toast, Sliced Peaches, Milk <b>Lunch-</b> Pepperoni & Green Peppers Pizza, Kidney Beans, Tropical Fruit, Milk <b>Snack-</b> Vanilla Yogurt, Diced Pears, Water	24 <b>Breakfast-</b> Rice Chex, Sliced Apples, Milk <b>Lunch-</b> Beef & Cheese Taco Bake, Black Beans, Diced Pears, Milk <b>Snack-</b> Graham Crackers, Mandarin Oranges, Water	25 <b>Breakfast-</b> Blueberry Bagels w/ Cream Cheese, Fresh Banana Slices, Milk <b>Lunch-</b> Spaghetti w/ Meatballs, Green Beans, Sliced Apples, Milk <b>Snack-</b> Pita Chips, Hummus, Water	26 <b>Breakfast-</b> Raisin Bran, Sliced Peaches, Milk <b>Lunch-</b> Teriyaki Chicken w/ Rice, Broccoli, Pineapple Tidbits, Milk <b>Snack-</b> Goldfish, Sliced Apples, Water
29 <b>Breakfast-</b> English Muffins w/ Cheese, Mandarin Oranges, Milk <b>Lunch-</b> Chili Mac, Green Beans, Sliced Apples, Milk <b>Snack-</b> Wheat Thins, Cheese Slices, Water	30 <b>Breakfast-</b> Waffles, Sliced Peaches, Milk <b>Lunch-</b> Grilled Chicken Strips, Wheat Roll, Lima Beans, Sliced Peaches, Milk <b>Snack-</b> Trail Mix, Raisins, Water	31 <b>Breakfast-</b> Vanilla Yogurt w/ Granola, Fresh Strawberries, Milk <b>Lunch-</b> Chicken Enchiladas, Pinto Beans, Diced Pears, Milk <b>Snack-</b> Goldfish, Apple Slices, Water		

**Allergies:** Children with specific food allergies will be offered alternative meals and snacks if menu items are not allowed in the child's diet. Please be sure that your child's allergy information is regularly updated using the "Allergy/Food Restriction" form and immediately notify Administration of changes.

**Lunches from Home:** If you prefer to provide your child with meals and snacks prepared from home, please refer to the "Meal Guidelines" as required by *Bright From the Start*.  
**Infant Bottles & Baby Food:** Infants receiving bottles or baby food will be fed according to the Infant Feeding Plan you provide at enrollment. Please update your child's feeding plan regularly and immediately notify your child's teacher of changes.