

University Childcare Center

October Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Breakfast -Pancakes, Diced Pears, Milk Lunch -Pepperoni Pizza, Corn, Sliced Apples, Milk Snack -Cheese Crackers, Craisins, Water	Breakfast - Cheese Grits, Diced Pears, Milk Lunch - Turkey Meatballs w/ Marinara Subs, Squash, Sliced Peaches, Milk Snack -Vanilla Wafers, Fresh Blueberries, Water	Breakfast - Raisin Bran, Mandarin Oranges, Milk Lunch - Turkey and Cheese Wrap, Sweet Potato Fries, Pineapple Tidbits, Milk Snack - Graham Crackers, Fresh Strawberries, Water	Breakfast -Vanilla Yogurt w/ Granola, Sliced Peaches, Milk Lunch -Beef Tacos, Black Beans, Sliced Apples, Milk Snack -Trail Mix, Mandarin Oranges, Water	Breakfast - Waffles, Applesauce, Milk Lunch - Macaroni & Cheese w/Broccoli, Pinto Beans, Sliced Peaches, Milk Snack - Teddy Grahams, Fresh Banana Slices, Water
10	11	12	13	14
Breakfast - English Muffins w/ Cheese, Tropical Fruit, Milk Lunch - Grilled Cheese, Green Beans, Sliced Apples, Milk Snack - Strawberry Chex Mix, Sliced Peaches, Water	Breakfast - Apple Cinnamon Muffins, Banana Slices, Milk Lunch -Chicken and Rice, Sliced Carrots, Sliced Apples, Milk Snack - Pita Chips, Hummus, Water	Breakfast - Blueberry Bagels w/Cream Cheese, Sliced Peaches, Milk Lunch - BBQ Chicken Sandwich, Lima Beans, Mandarin Oranges, Milk Snack - Goldfish, Sliced Apples	Breakfast - Toasted Oats, Fresh Orange Slices, Milk Lunch - Turkey & Cheese Sandwiches, Broccoli, Diced Pears, Milk Snack - Animal Crackers, Fresh Strawberries, Water	Breakfast - Blueberry Bread, Diced Pears, Milk Lunch - Chicken & Cheese Quesadillas, Pinto Beans, Sliced Peaches, Milk Snack -Trail Mix, Fresh Orange Slices, Water
17	18	19	20	21
Breakfast - Vanilla Yogurt w/Granola, Fresh Strawberries, Milk Lunch - Sunbutter & Jelly Sandwiches, Kidney Beans, Diced Pears, Milk Snack - Fresh Cucumbers w/ Ranch, Ritz Crackers, Water	Breakfast - Cornflakes, Mandarin Oranges, Milk Lunch - Chicken Alfredo, Sliced Carrots, Applesauce, Milk Snack - Goldfish, Cantaloupe, Water	Breakfast -Pancakes, Tropical Fruit, Milk Lunch -BBQ Turkey Meatball Sub, Green Beans, Sliced Apples, Milk Snack - Animal Crackers, Fresh Orange Slices, Water	Breakfast - Oatmeal w/ Cinnamon, Raisins, Milk Lunch -White Chicken & Pesto Pizza, Carrot Slices, Tropical Fruit, Milk Snack - Graham Crackers, Raisins, Water	Breakfast - Banana Bread, Applesauce, Milk Lunch - Grits, Turkey Sausage, Green Beans, Sliced Peaches, Milk Snack -Whole Wheat Ritz crackers & Sunbutter, Water
24	25	26	27	28
Breakfast - Cheese Toast, Sliced Peaches, Milk Lunch - Chili Mac, Kidney Beans, Tropical Fruit, Milk Snack -Vanilla Yogurt, Diced Pears, Water	Breakfast -Rice Chex, Sliced Apples, Milk Lunch -Beef & Cheese Taco Bake, Black Beans, Diced Pears, Milk Snack -Graham Crackers, Mandarin Oranges, Water	Breakfast -Cinnamon Toast, Sliced Apples, Milk Lunch -Turkey Burgers, English Peas, Sliced Peaches, Milk Snack -Fresh Cucumbers w/ Ranch, Wheat Crackers, Water	Breakfast - Raisin Bran, Sliced Peaches, Milk Lunch - Teriyaki Chicken w/Rice, Broccoli, Pineapple Tidbits, Milk Snack - Goldfish, Sliced Apples, Water	Closed for Professional Learning Day
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Breakfast - Waffles, Sliced Peaches, Milk Lunch - Grilled Chicken Strips, Wheat Roll, Lima Beans, Sliced Peaches, Milk Snack - Trail Mix, Raisins, Water				

Allergies: Children with specific food allergies will be offered alternative meals and snacks if menu items are not allowed in the child's diet. Please be sure that your child's allergy information is regularly updated using the "Allergy/Food Restriction" form and immediately notify Administration of changes.

Lunches from Home: If you prefer to provide your child with meals and snacks prepared from home, please refer to the "Meal Guidelines" as required by *Bright From the Start*.
Infant Bottles & Baby Food: Infants receiving bottles or baby food will be fed according to the Infant Feeding Plan you provide at enrollment. Please update your child's feeding plan regularly and immediately notify your child's teacher of changes.